

IPT-A Training for IPT Therapists

Date: Thursday 4th December 2024

Time: 9-4.30pm

Venue: online

Course Instructors: Liz and Catherine

Course fees: £85

Book: please contact Susan at pst.ltd@outlook.com

Aims of Course:

- To have a clear understanding of the IPT-A model and how this differs from IPT.
- To consider the developmental differences of adolescents.
- To gain additional skills and resources to work with adolescent clients.
- To increase understanding of working with the systems around adolescent clients e.g. families, schools etc.

About this course:

This course is designed to meet the requirements of IPT UK to equip IPT practitioners who would like to work with adolescents.

In order to make this training more accessible we run this course online, via Zoom. We are aware of the difficulties and advantages of online working and so the course is paced to give regular screen breaks.

We include a variety of activities throughout the day including videos, watching role plays, small group discussion and opportunities for self-reflection.

Participants will be provided with all slides and additional resources referenced throughout the training.

Feedback:

100% of attendees found this course satisfied their hopes for the training.

97.5% found the course relevant to their work and 97.5% found that the pace was helpful.

“It was very informative and presented in a great way, with good combination of visual aids and opportunities for discussion.”

“I felt the knowledge and skills you as the trainers were able to describe and present on the day in many different interactive formats were the main strengths. I think your positivity and enthusiasm shone through really gave me a lot to think about working more creatively with YP.”

“The course was very good and enjoyable.”

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enthusiasm shone through really gave me a lot to think about working more creatively with YP”.

“A really helpful day, I really found all helpful. I especially liked some different phrases and the use of the First Aid tool and the colorful and drawing on the First Aid Kit and Relapse Plan”.

“I found the presentation very informative. Liz and Catherine were very positive and passionate about working with young people, which made me feel more comfortable about working with this client group using the skills I already have and tweaking them slightly”.

“The course was very good and enjoyable. Relaxed atmosphere. Good discussions.”

I thought it was very relevant to young people and really did give me a better understanding of what some of their problems might be, so that I felt more equipped to work with young people.

Who can apply?

We welcome applicants on this course who are trainee or qualified IPT practitioners.

If you would like any further information or have specific queries, please contact us using the details above.